



THERAPEUTIC MASSAGE

Signature News

WORKING TOGETHER TO UNITE MIND, BODY & SOUL

A Message From The Owner

WHY CHOOSE SANDSTONE?

The question I am most frequently asked is, "Why Sandstone? What is the difference between Sandstone and other massage studios?"

I would answer by saying there are many differences. Too many to include in this space. So let me give you what I consider the biggest reasons

I describe our services and the therapy foundation of what we offer at Sandstone Therapeutic Massage as the bridge between your normal relaxation massage and physical therapy. We are not physical therapists by any means, but our therapists have been highly trained to incorporate many techniques with some similar to those used by rehabilitation

and pain management. Every body is unique. Every pain or discomfort issue is unique and therefore every massage is unique and customized to suit the needs of our clients.

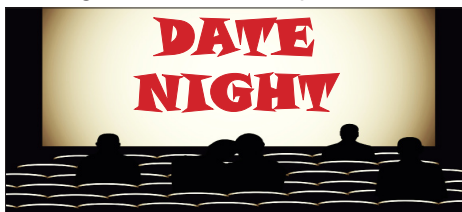
As I said, there are many reasons to choose Sandstone. Call us at 248.348.8770 and we'd be happy to go over them with you.



Currently . . .

"DATE NIGHT" CONTEST

Our contest for this month is "DATE NIGHT." You can win two one-hour massages and two tickets to the cinema at the Phoenix Theatre in Laurel Park. The winner will be drawn from those who booked a massage in July or August and wrote a review on social media. The drawing will be held on September 5th.



ANNUAL VET EVENT

Save the date Monday, 11/6/17, for our second annual Veterans Event. Last year, Sandstone donated more than 50 massages to veterans and active military members. Help us come together to make this year's event even bigger.

All military personnel, active or retired, will receive a complimentary, one hour therapeutic massage

SPONSORS AND DONATIONS ARE WELCOME

Find us on facebook for more information and details for this event.

Just For Fun

STOCK MARKET REPORT

Hughes Satellites were way up

G.E. Light Switches were off

Ginsu Knives went up sharply

Mead Paper was stationary

Dixon Pencils lost a few points

Otis Elevators were up – then down

Huggies Diapers were unchanged

Acme Balloon prices were inflated

Alka Seltzer fizzled

Scott Tissue touched a new bottom

Services & Benefits

SERVICES

Aroma / Raindrop Therapy

Burn Scar Therapy

Craniosacral

Cupping Therapy

Deep Tissue Massage

Lymph Drainage Therapy

Myofascial Release

Positional Release

Post-Natal Massage

Pre-Natal Massage

Reflexology

Reiki Healing

Sports Massage

Swedish Massage

Trigger Point Therapy

BENEFITS

Relieve pain and tension

Improve range of motion

Promote relaxation

Improve sleep

Reduce stress

Strengthen immune system

Improve circulation

Reduce anxiety

Improve focus and attention

Improve productivity

*Call 248.348.8770 for details and descriptions of services

Sandstone

THERAPEUTIC MASSAGE
47220 W. 10 Mile Road
Novi, MI 48374
248.348.8770

www.SandstoneMassage.com

Hours:

Mon-Fri: 9:00 a.m. – 9:00 p.m.
Sat-Sun: 9:00 a.m. – 7:00 p.m.

Walk-ins welcome

Visit/Like us on:



Our Therapists

Candice

Kathy

Angie

Lisa

Lynn

Julia

Shelly

Mary-Anne:

(Clinical Reflexology Specialist)

SUMMER COMBO SPECIAL

Receive a 60 minute custom organic facial plus another 60 minutes of a full body massage with our Licensed Esthetician, **Shelly Metzger**.

Shelley customizes every facial to your own unique skin type using organic products to give your skin a boost of antioxidants that can help counteract sun damage to give you the summer glow you desire and looks terrific!

\$120.00

(Valid thru August 31, 2017)

Available For First Time Visits

\$55 New client rate. One hour, including consultation.

We Take Pride in our work

We customize every session to meet individual needs and exceed expectations.

"It's Quality You Can Feel"

Every body is unique
Every client is unique
Therefore, every massage will be unique.

Signature Bachelorette Party

Here's a fun and novel idea for your upcoming bachelorette party. Bring the ladies to Sandstone for a great time including a massage and other goodies.

60-minute massage - \$55/person

Ladies' Goody Bag* - \$10/person



*Includes Essential oil "Love potion," sweet treat and a coupon for an after-wedding massage. The bride-to-be goodie bag is free with three or more bookings. Call us today to reserve your date.

The Sandstone Challenge "A Tribute to Hands"

Our hands are our most important tool. Strong hands; gentle hands; talented and experienced hands. This issue's "Sandstone Challenge" focuses on hands. Your challenge is to match the name on the right to the "hand or hands" on the left. Good luck!

1. Michael Jackson
2. Walt Disney
3. Roger Ebert
4. Madonna
5. Wild Bill Hickok
6. Dennis Haesbert
7. Boris Karloff
8. Hugh Jackman
9. Leonard Nimoy
10. Joe Louis
11. Carson Daly
12. Henry Thomas



Origins of Massage

Use of massage for therapy goes back 5,000 years. Here is a brief history.

3000 BC, China: "Cong Fu of the Toa-Tse." The oldest book written about massage.

2760 BC, China: Nei Ching describes "therapeutic touch."

2500 BC, Egypt: Creation of reflexology.



1800 BC, India: "Ayurvedic," the "Art of Life" book, included massage techniques.

1000 BC, Greece: Homer wrote about an "oily medium" used for massage.

776 BC, Rome: Olympic athletes were massaged prior to their events.

44 BC, Rome: Julius Caesar used massage therapy to relieve his neuralgia and seizures.

600s AD, Japan: healers developed Shiatsu (finger pressure.)

Call Us!

Would you like us to cosponsor your next event? **Call us!**

Would you like a link to your business in our newsletter or on our website? **Call us!**

Would you like a gift certificate for Sandstone for a friend or customer? **Call us!**

Would you like to book a chair massage for your next party or function? **Call us!**

Mention this newsletter code, "Signature 1" to get this month's special